



PATIENT NEWSLETTER- AUTUMN 2024

Partners:

Dr Peter Evans
Dr Craig Embley
Dr Paula Baxter
Dr Catherine Kelly
Dr Prashanth Peddareddy
Dr Monika Tomas
Dr Peter Mathias
Mrs Anisha Chauhan

Doctors:

Dr James Hopkins
Dr Foluke Faturoti (GP Registrar)
Dr Christena Farag (GP Registrar)
Dr Millie O'Connor (GP Registrar)
Dr Jack Preece (GP Registrar)

Surgery Opening Hours
Monday-Friday 8am-6:30pm

Dispensary Opening Hours:
Monday-Friday 8:30am-1pm 2:30pm-6pm

This Summer (Jun-Aug) we had a total of 482 missed appointments. This is a total of around 129 hours! Please let us know if you cannot attend your appointment, as we can then give this to someone else who would need it. You can do this by either cancelling your appointment on the NHS App, or by giving us a ring.

IMPROVING ACCESS, IMPROVING CARE

From 18th September, we will be introducing a new way for you to make an appointment, enabling us to "improve access and improve care" for all our patients with the aid of technology.

This is so your request can be dealt with promptly and appropriately. Due to the substantial increase in demand for GP services, both nationally and here at AMC, we want to continue to improve our access and maintain a high quality of care to all patients.

Come 18th September, we kindly ask that you contact us online, either through the NHS App or the surgery website.

Select "Submit an Online Request" to fill in and submit the form, which will be available from 8am Monday-Friday.

For nurse appointment requests, click "Admin" then "Something else".

We will contact you back the same day to arrange a face-to-face or telephone appointment with the right member of our clinical team, or direct you to other help, via your preferred method.

Our telephone line remains open. For those who are able, we would prefer you to use the online system, as this will free up phone lines for those who are unable to access us this way, keep our waiting times low and improve access for all.



Scan this QR code with your smartphone camera to be taken to the online request form

NHS APP

Our NHS App ambassador Lauren will be doing drop in sessions 9am-12pm, on the below dates if you are having any issues with the app:
Friday 20th Sept
Friday 18th Oct
Friday 15th Nov



RSV VACCINE

Many are unaware of the respiratory illness 'Respiratory Syncytial Virus', which causes thousands of hospitalisations each year in babies under 1 and older adults aged over 75.

Women will be invited for the RSV vaccine for every pregnancy, and older adults who turn 75 will be invited soon after their 75th birthday. For the first year of the programme there will be a catch up campaign, inviting all those aged 75-79 and those turning 80 between 01/09/2024-31/08/2025 for their vaccination.

You can have the RSV vaccine from week 28 of your pregnancy

Having the RSV vaccination in pregnancy reduces your baby's risk of severe RSV lung infections by around 70% in the first 6 months of life.

You'll be offered the RSV vaccine once you turn 75

RSV can cause pneumonia and other life threatening conditions in older adults, with thousands needing hospital care every year.



FLU AND COVID VACCINATIONS

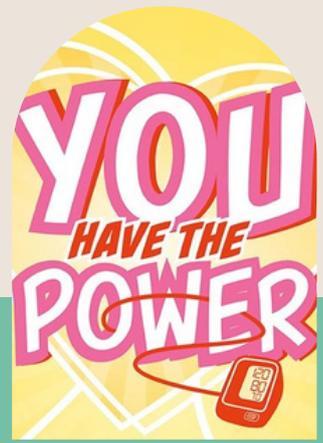
The flu and COVID vaccination campaign starts 3rd October this year. These vaccinations are very important, as they give protection to those who most need it throughout the autumn and winter months. Those eligible this year are:

- Those who live in a care home for older adults,
- All adults aged 65+,
- Those 6 months-64 years old who are in a clinical at risk group,
- School aged children from reception to year 11 (who will receive the jab at school),
- Children 2-3 years old (born between 1.9.20-31.8.22).

As usual we will be holding 'Super Saturday' clinics on the below dates, as well as clinics throughout the week.

Saturday 5th October
Saturday 26th October

Once you have received your invite, please either book via the link sent to you, or get in touch with us ASAP to secure your jab!



KNOW YOUR NUMBERS WEEK

2-8 September we encourage you to use our blood pressure monitor in reception to find out your blood pressure. During this week, thousands of blood pressure checks are taken, preventing heart attacks and strokes. Get to know your numbers during this week to check your cardiovascular health.

THINK PHARMACY FIRST!

The Pharmacy First service allows community pharmacists to supply medications so you don't have to book an appointment at the GP practice. There are 7 conditions they are able to help you with:

Earache (1-17 year olds)

Impetigo (1 year old+)

Infected insect bites (1 year old+)

Shingles (18 year old+)

Sinusitis (12 year old+)

Sore throat (5 year old+)

Uncomplicated UTI (women 16-64 year olds)

Before you contact the GP about suffering with one of the above conditions... think Pharmacy First!

Remember, if you are a dispensing patient, you no longer have to wait in the queue to pick up your repeat prescriptions. Instead sign up to use our **vending machine** to pick up your prescription when it suits, 24/7! Pick up a form from our dispensary to sign yourself up.