

MAGiC

The word 'MAGiC' is written in large, white, sans-serif capital letters. The letter 'i' is replaced by a black vertical bar with a white horizontal line at the top, and a yellow five-pointed star is positioned above the bar.

**Making good decisions in collaboration
with your health care professional**

At a health care appointment, it can be hard to remember what you want to ask. Asking the right questions will help you have the right information, which can help you make good decisions about your care. Look on the back of this card for 5 questions you could ask.

5 simple questions you may want to ask at a health care appointment:

If you have more questions you'd like to ask, write them below.

- 
1 **What is wrong with me?**
- 
2 **What treatments are available?**
- 
3 **What do you recommend and why?**
- 
4 **What can I do to help myself?**
- 
5 **What happens next?**

Produced in partnership by NHS services in Cornwall and the Isles of Scilly. Supported by HealthWatch Cornwall. Visit cornwallft.nhs.uk for more information. With thanks to Leicestershire Healthwatch for the original idea.